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# Sierra Foothills Cycling Club

Monthly Newsletter

April 2026

**SFCC MEMBERS TAKE ON THE HUGGMASER 90 MILER**







## Bob's Recap

Kings Ridge Long Course 92 miles with 9100 feet of climbing. This very hilly and challenging race that is part of the Grasshopper Series, was well run with plenty of support.

I personally enjoyed seeing many of my past friends through this event. Nice to see Dave Winters and I chatted with Doreen Wagner at the final Aid Station.

We all love to RIDE...

## Dave's Recap

It was great that we had three ( Doreen, Bob, Dave) SFCC members out racing the Grasshopper Huffmaster 90 mile gravel race.

The start and end was in the small town of Maxwell California, Just north of Williams.

The conditions were great with no dust and just enough moisture to pack down the dirt.

Doreen Wagner had an unfortunate free-hub failure that derailed her ride.

She did get back on the road and completed the ride.

Bob Montuori rode very hard in a very competitive 60+ group. Those guys were FAST!

I know that I was thinking about those cookies we were missing at the Cookie Ride a few times during the 5+ hours on dirt!

## Doreen's Recap

This event came right after I wrapped up Winter BaseCamp and started working with a one on one coach, and together we felt I was ready for the 65 mile course.

Grasshopper is a gravel-ish race series, and while I rode the first two on my gravel bike, the race director suggested a road bike for this one, so I rode my Aethos with 28s.

The course rolled through Sonoma County redwoods and along the coast, with beautiful views and plenty of hard terrain mixed in. It included timed climbs, and one of them was especially tough, with rocks, ruts, roots, a descent in the middle, and grades over 18 percent, sometimes hitting 20 to 21 percent on my Garmin.

I made every climb without stopping and finished 7th in the women's open category, which felt especially good at race age 56 in a field of much younger women.

One of the most meaningful moments came when a rider told me he had used me as motivation on the hardest climb and focused on my effort to get himself to the top. That was such a good reminder that racing is about more than placing. It is also about encouraging each other, seeing what we are capable of, and recognizing that our effort may be inspiring someone else too.

# PRESIDENT ELECTION YEAR

## Club Leadership Update

We'll be voting in a new **Club President** this year. The role is focused on board leadership and meeting facilitation: a strong meeting leader who encourages participation from all board members and keeps discussion balanced, respectful, and on track, while also setting clear agendas and keeping projects and action items moving forward. This role helps keep the board organized and the club moving forward.

If you are interested in serving or would like more information, reply to this email or contact Bob Peterson.

# UPCOMING ENDURO RIDE

## Mt Hamilton Enduro

Another month and another great enduro planned!

**SATURDAY APRIL 19th**

## Napa Enduro

**SATURDAY MAY 9th**

See the **CALENDAR** for all the details

# RIDE SMART, RIDE SAFE ♂

Spring weather will go back and forth between feeling spring like and feeling like winter is here all over again. Here are a few reminders to keep us safe.

## **Intersection Season**

Spring means more people out walking dogs, running, and driving to parks. At intersections and driveway cutouts, assume someone is about to roll through or turn without seeing you. Cover your brakes early and don't rush the gap even if you technically have the right of way.

## **Farm Road Reality Check**

Out Roseville and Loomis, you'll get gravel, sand, and mud tracked onto the road from driveways and side roads. The sketchiest spots are right after a rain and at the apex of turns. Stay a little more upright through corners and avoid sudden braking on dusty patches.

## **Allergy Brain Fog**

If spring allergies hit you, it's not just annoying, it can make you a little spacey and slow your reaction time. If you're sneezy or eyes are watering, ride a little more conservatively and consider clear lenses or a light wraparound to keep wind and pollen out.

## **New Growth, New Road Hazards**

Spring brings fresh pothole edges, shoulder crumble, and random debris from winter storms. Point out hazards early and calmly, and don't overlap wheels when the road is rough. Give the rider in front a little extra space so you can see what's coming.

## **Group Ride Spacing Reset**

When the weather gets nice, riders tend to tighten up and speeds creep. Hold a predictable line, keep your spacing, and avoid overlapping wheels, especially when the group gets chatty.

## EZ RIDERS

Jen Fink has some great momentum going with our EZ Riders ride, usually scheduled on Saturdays, so please continue to check the ride calendar for the most current details. Let's support Jennifer in keeping this ride going. It's a great addition to our calendar and a great option for our members!

SFCC will always give us hills, but they don't have to take all our energy. EZ Riders is about choosing routes with gentler climbs, shorter distances when things get steep, and a pace that leaves you smiling at the end. Whether you're easing back after time off, recovering from a busy week, or simply prefer a more relaxed ride, this group is for you. Join us, enjoy the scenery, and remember: cycling should feel good. ♀

Jennifer Fink

## 2026 CLUB EVENTS

### **MAY IS BIKE MONTH - KICKOFF RIDE AND POTLUCK**

**Saturday May 2nd**  
**Granite Bay Park**

### **MEMORIAL RIDE - RIDE OF REMEMBRANCE**

**Meadow Vista**  
**Saturday May 31st**

### **ANNUAL SUMMER CAMP PETALUMA**

**June 18-21**

### **MOUNT SHASTA CAMP**

**August 31st- September 4th 2026!**

### **ANNUAL CLUB PICNIC WITH RIDE LEADER APPRECIATION RECOGNITION**

**October 3rd**

# SUMMER CAMP PETALUMA

Summer Camp is coming up **June 18 through June 21** in Petaluma, and it should be a really fun four day weekend. Expect great routes with some memorable climbs and a great mix of riding throughout the weekend. There is something for everyone.

We will be staying at Home2Suites, with a daily Happy Hour after the ride, time to catch up with friends and rehash the day, and a group dinner on Saturday. It is always a great weekend of riding and club camaraderie!

Click the link here for more details and to [register](#).

## KEEPING UP WITH e-BIKES AND e-MOTOS

Quick e-bike update. We are seeing more faster motorbike style bikes on the road and on paths. That affects everyone on foot, bike, and car. I'm sharing two links below so we stay current on what's happening and what California is considering.

A few simple safety reminders

1. Expect people to come up behind you faster than you think.
2. Ride predictably. Hold your line.
3. Give a little more space at passes and crossings.
4. Assume you have not been seen at driveways and intersections.

KCRA: A local update on how agencies across the Sacramento region (including patrols that can access trails and pathways) are increasing education and enforcement around e-bikes and e-moto style bikes due to rising safety concerns.

CBS Sacramento: A report on illegal dirt style riding and off-road tracks along the American River Parkway and the county's push for a crackdown.

Streetsblog California article: A roundup of current California legislation focused on e-bikes and e-motos, including proposed changes around definitions, enforcement, and possible registration and plates for some classes of e-bikes.

## CLUB POLICY - GUESTS

## Club Policy on Guests Joining Rides

We love seeing new faces at our rides and events, and we encourage you to invite guests to join us. It's a great way to grow our club and share the joy of cycling with others. To help ensure everyone understands our policy, here's a quick reminder about how guests can participate:

- **Guests are welcome to join us for one ride or event as a trial experience.**
- **To participate again, they'll need to become a club member.**

This policy allows us to give potential new members a chance to see what our club is all about while maintaining the benefits and support that come with membership.

If you have a guest who's interested in joining, feel free to share information about our membership process or direct them to the club's [website](#). We're always excited to welcome new members into our community!

**Thank you for helping us grow our club and for making it such a welcoming club for cyclists of all levels.**

## LET'S GET SOCIAL!

Did you know we have an [SFCC Facebook](#) page? This is where **we post photos from rides and events**, share updates, and keep members informed about upcoming activities. It's a great way to stay connected, celebrate our rides, and engage with fellow members!

On our **Facebook** page, you can:

- See and share photos from club rides and events
- Stay updated on upcoming rides and special events
- Connect with other members and share your cycling experiences
- Get important club announcements and reminders

## CLUB MERCH





SFCC has purchased club stickers that are free to all SFCC members. These are custom-made with the SFCC logo on them and are approximately 5" x 3.25"

The socks are \$10/pair. If you intend to buy some, please bring exact change.  
**Let's spread good vibes, not germs!**

Contact Deb if you're interested in ordering clothing.



We all want to keep the group healthy and riding strong. If you're feeling off — coughing, sneezing, or running any symptoms — please take some time to rest and recover at home.

Even if you're starting to feel better but still not quite back to 100%, it's best to sit this one out so we don't pass anything around.

Let's be thoughtful and keep the good energy alive — no need to share germs when you can share a future ride instead! Your health and the health of everyone else matters most. And remember, your health is our priority!

## NEW MEMBERS

David Howe

Steven Lee

Julie Simmons

## BOARD MEMBERS

President | **Bob Peterson** | [president@sfcyclists.org](mailto:president@sfcyclists.org)

Vice President | **Kim Moyano** | [vp@sfcyclists.org](mailto:vp@sfcyclists.org)

Secretary | **Steve Peck** | [secretary@sfcyclists.org](mailto:secretary@sfcyclists.org)

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Membership Director | **Monica Pappas** | [membership@sfcyclists.org](mailto:membership@sfcyclists.org)

Webmaster | **Larry Merlo** | [webmaster@sfcyclists.org](mailto:webmaster@sfcyclists.org)

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Merchandise Chair | **Deb Hallford** | [merchandise@sfcyclists.org](mailto:merchandise@sfcyclists.org)

SFCC Consultant | **Larry Matz**

Bicycle Advocacy & Safety Team Chair | **Dana Hofheinz** | [advocacyandsafety@sfcyclists.org](mailto:advocacyandsafety@sfcyclists.org)

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